

**In the Claims:**

Kindly amend the claims as follows:

1-20. (Cancelled) Without prejudice.

21. (New) A composition comprising a tablet for oral administration, wherein the tablet comprises:

- a solid extract of a deep sea fish comprising protein, the protein extract being in a percentage range of about 15-70 wt %; and

- an extract of rooibos (*Aspalathus linearis*) in a range of about 5 to 40 mg;

as active components thereof; and

one or more fillers or ancillary agents conventionally used in the formulation of tableted pharmaceutical compositions.

22. (New) The composition according to claim 21, wherein the tablet is intended for daily dosage for cosmetic treatment of the skin and further comprising suitable ancillary agents and fillers as well as coating agents.

23. (New) The composition according to claim 21, wherein the amount of the deep sea fish extract in the tablet is about 100 to 1600 mg.

24. (New) The composition according to claim 21, wherein the amount of deep sea fish extract in the tablet is about 400 to 900 mg.

25. (New) The composition according to claim 21, wherein the amount of rooibos in the tablet is about 10 to 30 mg.

26. (New) The composition according to claim 21, wherein the amount of rooibos in the tablet is about 15 to 25 mg.

27. (New) The composition according to claim 26, wherein the amount of rooibos in the tablet is 18 to 23 mg.

28. (New) The composition according to claim 21, the tablet further comprising bearberry in a range of about 5 to 40 mg.

29. (New) The composition according to claim 28, wherein the amount of bearberry in the tablet is about 8 to 35 mg.

30. (New) The composition according to claim 28, wherein the amount of bearberry in the tablet is about 10 to 25 mg.

31. (New) The composition according to claim 28, wherein the amount of bearberry in the tablet is 12 to 20 mg.

32. (New) The composition according to claim 28, wherein the amount of bearberry in the tablet is about 14 to 18 mg.

33. (New) The composition according to claim 28, wherein the composition is compressed into tablets with a net weight of approximately 531 mg each.

34. (New) The composition according to claim 28, the tablet further comprising ingredients selected from the group consisting of horsetail extract in a range of about 20 to 140 mg and shellfish extract in an amount less than about 500 mg.

35. (New) The composition according to claim 21, the tablet further comprising horsetail extract in a range of about 20 to 140 mg.

36. (New) The composition according to claim 21, the tablet further comprising horsetail extract in a range of about 40 to 120 mg.

37. (New) The composition according to claim 21, the tablet further comprising horsetail extract in a range of about 60 to 100 mg.

38. (New) The composition according to claim 21, the tablet further comprising horsetail extract in a range of about 80 mg.

39. (New) The composition according to claim 35, the tablet further comprising shellfish extract in an amount less than about 500 mg.

40. (New) The composition according to claim 21, the tablet further comprising diacetyl boldine.

41. (New) The composition according to claim 21, the tablet further comprising ingredients selected from the group consisting of vitamin A, vitamin C, zinc, D-alpha-tocopherol, betaine, diazolidenyl urea, citric acid, sodium ascorbylic phosphate, alpha-lipoic acid, methylsulfonyl methane, and combinations thereof.

42. (New) The composition according to claim 39, the tablet further comprising ingredients selected from the group consisting of vitamin A, vitamin C, zinc, D-alpha-tocopherol, betaine, diazolidenyl urea, citric acid, sodium ascorbylic phosphate, alpha-lipoic acid, methylsulfonyl methane, and combinations thereof.